

Releasing the Mind of Christ*Lesson 16 – Teacher’s Guide*

1. Studying God’s Word will draw out the wisdom that’s in our spirits. When we’re reading the Bible, we are receiving words with our physical eyes that are spirit and life. As we take this knowledge into our souls, new thoughts and ideas come to our physical minds. When this happens, our spirits—which already has the truth and mind of Christ—will bear witness with it (Rom. 8:16 and 1 John 5:10).

Studying God’s Word is vital for achieving single-mindedness and releasing God’s power. When a truth from God’s Word takes root in our soulish realm, that same knowledge, which has already existed in our spirit minds, rises up and meshes with it. This draws God’s power resident within us out into the physical realm.

2. Praying in tongues is another powerful way to release the mind of Christ (1 Cor. 14:1-2). When we pray in tongues, our spirits pray. However, our understanding—our soulish, physical, natural minds—are unfruitful (1 Cor. 14:14).
3. We build ourselves up by praying in tongues (1 Cor. 14:4). “Edify” means “to build up” or “to promote spiritual growth.” Our goal is to facilitate single-mindedness. As our souls unite to our spirits’ way of thinking, we’re built up by drawing our spirits’ wisdom and knowledge out into the physical realm.

1. A. What is the primary way we draw out the wisdom that’s in our born-again spirits? (Studying God’s Word)
B. As we take this knowledge into our souls, what do our spirits do according to Romans 8:16 and 1 John 5:10? (Bears witness with it)
2. A. In addition to studying and meditating God’s Word, what does 1 Corinthians 14:2 reveal as another powerful way to release the mind of Christ? (Praying in tongues)
B. According to 1 Corinthians 14:14, do our natural minds understand what we’re saying when we pray in tongues? (No)
3. A. What does 1 Corinthians 14:4 tell us about praying in tongues? (When we pray in the Spirit, we’re building ourselves up spiritually)
B. Our goal for praying in tongues is _____. (To facilitate single-mindedness)

4. When we pray in tongues, our spirits pray the hidden wisdom of God (1 Cor. 14:2 and 2:7). Since we cannot really understand the things of God with just our natural minds, we must understand them through our spirit man. Paul preached the hidden wisdom of God that he received by revelation (1 Cor. 2 and 14:18).
5. Simeon recognized the Christ Child by revelation knowledge (Luke 2:26-28). Revelation knowledge comes from the inside out, not the outside in. When we're reading the Bible, studying, or listening to someone else's opinion of what the Word says, the mind of Christ in our born-again spirits will reach up from inside and grab that truth, shouting, "Yes! This one's true. This one is for you!" That's revelation knowledge.
6. When we pray in tongues, we can believe God for interpretation (1 Cor. 14:13). Whether we receive interpretation or not, praying in tongues relieves stress and releases the peace of God into our bodies and souls (Is. 28:11-12). Since we are praying from the mind of Christ, why wouldn't we want to interpret? Meditating God's Word, speaking in tongues, and receiving interpretation is the fast track to single-mindedness and manifestation.

4. A. According to 1 Corinthians 14:2 and 2:7, what are we praying when we pray in tongues? (The hidden wisdom of God)
B. Who preached the hidden wisdom of God that he had received by revelation? (Paul)
5. A. Who did Simeon recognize by revelation in Luke 2:26-28? (The Christ Child)
B. Does revelation knowledge come from the inside out or the outside in? (The inside out)
6. A. According to 1 Corinthians 14:13, what can we believe God for when we pray in tongues? (Interpretation)
B. Isaiah 28:11-12 reveals that praying in tongues does what? (Relieves stress and releases the peace of God into our bodies and souls)

Releasing the Mind of Christ

Lesson 16

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Studying God's Word will draw out the wisdom that's in your spirit. When you're reading the Bible, you are receiving words with your physical eyes that are spirit and life. As you take this knowledge into your soul, new thoughts and ideas come to your physical mind. When this happens, your spirit—which already has the truth and mind of Christ—will bear witness with it.

Surely you've read a scripture and felt like all of a sudden you "saw" it. You may have read it a dozen, even a hundred times before, but all at once, everything within you shouts, "Yes!" That's your spirit and your soul becoming of one mind. When your soulish realm gains a truth and begins to embrace it, your spirit connects and agrees. Once the connection is made, that truth just goes off inside of you. It's now revelation and reality to you. Because of your inner witness, you don't necessarily need anyone else to prove it; you just know!

Several scriptures reveal this inner witness.

"The Spirit itself beareth witness with our spirit, that we are the children of God" (Rom. 8:16).

First John 5:6-10 also describes this, specifically verse 10, which says:

"He that believeth on the Son of God hath the witness in himself."

Studying God's Word is vital for achieving single-mindedness and releasing God's power! Your spirit mind, the mind of Christ, agrees completely with the Word. When a truth from God's Word takes root in your soulish realm, that same knowledge, which has already existed in your spirit mind, rises up and meshes with it. This draws God's power resident within you out into the physical realm. That's when you see manifestation!

Your Spirit Prays!

Praying in tongues is another powerful way to release the mind of Christ.

"Follow after charity, and desire spiritual gifts, but rather that ye may prophesy. For he that speaketh in an unknown tongue speaketh not unto men, but unto God: for no man understandeth him; howbeit in the spirit he speaketh mysteries" (1 Cor. 14:1-2).

When you pray in the Spirit, you are speaking mysteries. And, it's your spirit that's praying!

"For if I pray in an unknown tongue, my spirit prayeth, but my understanding is unfruitful" (1 Cor. 14:14).

This scripture shows both minds in operation. When you pray in tongues, your spirit prays, but your understanding—your soulish, physical, natural mind—is unfruitful.

You build yourself up by praying in tongues.

“He that speaketh in an unknown tongue edifieth himself” (1 Cor. 14:4).

“Edify” means “to build up” or “to promote spiritual growth.” It’s your soul that’s actually growing and being built up, because your spirit is already perfect and complete. The mind of Christ in your spirit prays when you pray in tongues.

Your goal is to facilitate single-mindedness. You aren’t trying to get the Word of God into your spirit, because the mind of Christ already knows all things. You are trying to get God’s Word into your soul so that your spirit can bear witness with it. As your soulish realm embraces a truth and agrees “Yes, God, this is what I believe. I’m throwing out all other contrary thoughts and belief systems. This truth will now rule my life,” you become of one mind. Your soul unites to your spirit’s way of thinking, and you’re built up by drawing your spirit’s wisdom and knowledge out into the physical realm. That’s when you’ll see God’s power manifest!

Hidden Wisdom

When you pray in tongues, your spirit prays the hidden wisdom of God.

“Howbeit in the spirit he speaketh mysteries” (1 Cor. 14:2).

What are those mysteries?

“The wisdom of God in a mystery, even the hidden wisdom, which God ordained before the world unto our glory” (1 Cor. 2:7).

That’s what the Apostle Paul preached!

In 1 Corinthians 2, Paul described his preaching and wisdom. He didn’t just use his human intellect, but ministered God’s Word **“in demonstration of the Spirit and of power”** (1 Cor. 2:4). In the process of explaining this, Paul actually put down carnal knowledge (learned physical knowledge, the kind you receive from school) in favor of God’s wisdom. In other words, there’s a wisdom that proceeds from your born-again spirit (mind of Christ, 1 Cor. 2:16), and there’s a wisdom that comes from your physical brain (what somebody taught you). Since you cannot really understand the things of God with just your natural mind, you must understand them through your spirit man. It’s this wisdom that comes from your spirit that enables you to relate to God. Paul preached this wisdom as he invited unbelievers to believe and encouraged believers to mature.

Paul preached the hidden wisdom of God that he received by revelation. He declared:

“I speak with tongues more than ye all” (1 Cor. 14:18).

As Paul prayed in the spirit, he spoke forth God's mysteries and received revelation knowledge concerning them (1 Cor. 14:2). However, he did not preach or teach in tongues (1 Cor. 14:19). Paul ministered in his native language the wisdom he received through praying in tongues.

Inside Out

Pray in tongues when you study God's Word. As you do, you'll release the mind of Christ into your soulish realm through revelation knowledge. I'm not advocating speaking in tongues and then just accepting whatever comes to mind as being from God. No, it should line up with the Word. God will supernaturally reveal things to you through His Word as a result of praying in tongues.

Revelation knowledge comes by the Holy Spirit inside your born-again spirit bearing witness in your soul with a truth from God's Word. You might be reading or listening to Scripture when it suddenly comes alive inside. That's revelation!

Simeon recognized the Christ Child by revelation knowledge.

“And it was revealed unto him by the Holy Ghost, that he should not see death, before he had seen the Lord's Christ. And he came by the Spirit into the temple: and when the parents brought in the child Jesus, to do for him after the custom of the law, Then took he him up in his arms, and blessed God” (Luke 2:26-28).

No human could have told him these things. God revealed it to Simeon through his spirit.

Revelation knowledge comes from the inside out, not the outside in. You may be reading the Word, studying it, looking things up in the Greek, checking cross-references, and reading or listening to someone else's opinion of what the Word says. But then, all of a sudden, the mind of Christ in your born-again spirit just reaches up from inside and grabs that truth, shouting, “Yes! This one's true. This one is for you!” That's revelation knowledge.

Believe to Interpret

When you pray in tongues, you can believe God for interpretation.

“Wherefore let him that speaketh in an unknown tongue pray that he may interpret” (1 Cor. 14:13).

I admit that the context of this verse primarily addresses the need for interpretation of a publicly given tongue in a church service, but you can believe God for interpretation when you're praying in the spirit privately as well.

Praying in tongues benefits you whether you believe for interpretation or not. It relieves stress and releases the peace of God into your soul and body.

“For with stammering lips and another tongue will he speak to this people. To whom he said, This is the rest wherewith ye may cause the weary to rest; and this is the refreshing” (Is. 28:11-12).

It builds you up and promotes spiritual growth (1 Cor. 14:4). Since you are praying from the mind of Christ, why wouldn't you want to interpret?

I started interpreting my speaking in tongues a long time ago. When I first fell in love with the Lord, I went through an intense time of excitement, anointing, and stirring within, but my mind couldn't comprehend it. Then in Vietnam, I began seeing little glimmers of truth while studying the Bible. After returning home and marrying Jamie in October 1972, I really started poring over the Word. Scriptures began coming alive to me, and my spirit would rejoice. I'd read certain passages, and the spirit inside me just wanted to stand up and shout! However, since this was contrary to the religious way I'd been taught, I really struggled with it.

In my heart, I determined to break through. For an extended season of time, I spent six to ten hours a day writing scriptures out longhand on my legal pad. Along the way, I stopped and meditated on each individual word. Then I locked myself in the closet of our little apartment in Garland, Texas (a suburb of Dallas), to pray in tongues over these scriptures for an hour or two. My spirit already knew these truths, but as I prayed in tongues and asked God to interpret them to my mind so I could understand them, revelation came.

Understanding came as I wrote these scriptures out, meditated, prayed in tongues over them, and received interpretation. In fact, this revelation of spirit, soul, and body was one of the first things He showed me. Since my thinking had been so screwed up from religion and wrong teaching, it actually took a couple of months before I started making the connections. Then all of a sudden, in what seemed like one week's time, God started putting some of this together for me. I understood about eternal redemption and how God could love me. These truths exploded within and became reality to me. After about a week of this, the revelation was coming so fast and furious that I literally had to ask God to slow it down. I wanted to comprehend and retain it all without missing a single thing. One of the ways this happened was I prayed for interpretation!

Meditating God's Word, speaking in tongues, and receiving interpretation is the fast track to single-mindedness and manifestation!

Releasing the Mind of Christ

Lesson 16 – Outline

1. Studying God's Word will draw out the wisdom that's in your spirit.
 - A. When you're reading the Bible, you are receiving words with your physical eyes that are spirit and life.
 - B. As you take this knowledge into your soul, new thoughts and ideas come to your physical mind.
 - C. When this happens, your spirit—which already has the truth and mind of Christ—will bear witness with it.

2. Several scriptures reveal this inner witness.

“The Spirit itself beareth witness with our spirit, that we are the children of God” (Rom. 8:16).

“He that believeth on the Son of God hath the witness in himself” (1 John 5:10).

3. Studying God's Word is vital for achieving single-mindedness and releasing God's power.
 - A. When a truth from God's Word takes root in your soulish realm, that same knowledge, which has already existed in your spirit mind, rises up and meshes with it.
 - B. This draws God's power resident within you out into the physical realm.
4. Praying in tongues is another powerful way to release the mind of Christ.

“Follow after charity, and desire spiritual gifts, but rather that ye may prophesy. For he that speaketh in an unknown tongue speaketh not unto men, but unto God: for no man understandeth him; howbeit in the spirit he speaketh mysteries” (1 Cor. 14:1-2).

- A. When you pray in tongues, your spirit prays.

“For if I pray in an unknown tongue, my spirit prayeth, but my understanding is unfruitful” (1 Cor. 14:14).

- B. Your spirit prays, but your understanding—your soulish, physical, natural mind—is unfruitful.

5. You build yourself up by praying in tongues.

“He that speaketh in an unknown tongue edifieth himself” (1 Cor. 14:4).

- A. "Edify" means "to build up" or "to promote spiritual growth."
- B. Your goal is to facilitate single-mindedness.
- C. As your soul unites to your spirit's way of thinking, you're built up by drawing your spirit's wisdom and knowledge out into the physical realm.

6. When you pray in tongues, your spirit prays the hidden wisdom of God.

"Howbeit in the spirit he speaketh mysteries" (1 Cor. 14:2).

"The wisdom of God in a mystery, even the hidden wisdom, which God ordained before the world unto our glory" (1 Cor. 2:7).

- A. Since you cannot really understand the things of God with just your natural mind, you must understand them through your spirit man.
- B. Paul preached the hidden wisdom of God that he received by revelation (1 Cor. 2).

"I speak with tongues more than ye all" (1 Cor. 14:18).

7. Simeon recognized the Christ Child by revelation knowledge.

"And it was revealed unto him by the Holy Ghost, that he should not see death, before he had seen the Lord's Christ. And he came by the Spirit into the temple: and when the parents brought in the child Jesus, to do for him after the custom of the law, Then took he him up in his arms, and blessed God" (Luke 2:26-28).

- A. Revelation knowledge comes from the inside out, not the outside in.
- B. The mind of Christ in your born-again spirit reaches up from inside and grabs that truth, shouting, "Yes! This one's true. This one is for you!"

8. When you pray in tongues, you can believe God for interpretation.

"Wherefore let him that speaketh in an unknown tongue pray that he may interpret" (1 Cor. 14:13).

- A. Whether you receive interpretation or not, praying in tongues relieves stress and releases the peace of God into your body and soul.

"For with stammering lips and another tongue will he speak to this people. To whom he said, This is the rest wherewith ye may cause the weary to rest; and this is the refreshing" (Is. 28:11-12).

- B. Since you are praying from the mind of Christ, why wouldn't you want to interpret?
- C. Meditating God's Word, speaking in tongues, and receiving interpretation is the fast track to single-mindedness and manifestation.

Releasing the Mind of Christ

Lesson 16 – Additional Information

First Corinthians 2:9 is often misused. It says:

“But as it is written, Eye hath not seen, nor ear heard, neither have entered into the heart of man, the things which God hath prepared for them that love him.”

Many people read that and say, “This contradicts what you’re teaching. It shows that you can’t really know the things of God. This verse proves that He’s mysterious and you can’t really know!”

Don’t stop there! Keep reading the next few verses:

“But God hath revealed them unto us by his Spirit: for the Spirit searcheth all things, yea, the deep things of God. For what man knoweth the things of a man, save the spirit of the man which is in him? Even so the things of God knoweth no man, but the Spirit of God. Now we have received, not the spirit of the world, but the spirit which is of God; that we might know the things that are freely given to us of God...we have the mind of Christ”

(1 Cor. 2:10-12 and 16, emphasis mine).

First Corinthians 2:9 contrasts Old Testament saints, who couldn’t understand, with New Covenant believers, who know all things in their spirits! In this verse, Paul quoted an Old Testament scripture (Is. 64:4). Old Covenant people weren’t born again, so they didn’t have born-again spirits. Because of this, it’s totally accurate to say that they couldn’t understand the things of God. To them, it’s foolishness because they have to be spiritually discerned (1 Cor. 2:14). However, it’s inaccurate to say the same thing about a New Testament believer who has the mind of Christ in their born-again spirit. You can understand the things of God!

Disaster or Safety?

Just because you pray in tongues and ask God for interpretation doesn’t mean you should accept any and every thought that comes to your mind as being from God. That’s a recipe for disaster! You must judge every thought by the Word of God. The Spirit and the Word always agree (1 John 5:7). They never disagree, because God’s Word never contradicts spiritual truth. Whether you are praying in tongues and believing for interpretation or not, whenever thoughts that are contrary to the Word flash across your mind, you should immediately conclude “That’s not God!”

Paul rebuked the Corinthians for using the gifts of the Holy Spirit carnally. His comments in 1 Corinthians 12, 13, and 14 were corrections regarding the proper use of the gifts, especially speaking in tongues. Therefore, just because you are praying in tongues doesn’t guarantee that they are completely pure and fully inspired by the Holy Spirit. Your flesh could be a factor.

However, if you stay within these biblical boundaries, you'll be able to safely receive much revelation from the Lord. As you pray in tongues and ask for interpretation, thoughts will come, and all of a sudden you'll say, "I've never seen that before!" Then, as you verify it in more than just one obscure place in the Bible, it'll become an obvious truth to you.

Basically, you need to know God's Word to be able to do this. This may not be the way an immature Christian should operate. I was spending six to ten hours a day studying the Scriptures and then one or two hours praying in tongues for revelation. I don't think you ought to spend one hour studying the Word and then many hours praying in tongues. It ought to be the opposite—many hours in the Word. Through this, God has revealed many things to me!

These truths on spirit, soul, and body came through God's Word. Everything I share, I share from Scripture. But the reason these verses and passages have come alive and impacted my life in ways they might not have (yet) for you is because I mixed my Scripture meditation with praying in tongues.

For additional information, my teaching entitled "Revelation Knowledge" goes much further in depth on this topic. I elaborate on many things that I've only been able to touch on here, including how to interpret, checks and balances, etc.

Also, if you would like to know more about the baptism in the Holy Spirit, I highly recommend my teaching entitled *The Holy Spirit*. This study of God's Word will answer your questions, address any hindrances, and show you how to receive this wonderful, powerful gift God has for you.

Releasing the Mind of Christ

Lesson 16 – Discipleship Questions

1. Read Romans 8:16. Who bears witness with our spirits?
2. What does He bear witness about?
3. According to 1 John 5:10, where is the witness for the person who has believed on the Son of God?
4. What does 1 Corinthians 14:1 say we are to follow after?
5. What does 1 Corinthians 14:1 say we are to desire?
6. According to 1 Corinthians 14:2, when we speak in tongues, are we speaking to men or to God?
7. When we speak in tongues, what are we speaking?
8. According to 1 Corinthians 14:14, what part of our beings is praying when we pray in tongues?
9. Our understanding is?
10. What does 1 Corinthians 14:4 say we are doing when we speak in tongues?
11. According to 1 Corinthians 2:7, these mysteries that we are speaking are what?
12. How did the Apostle Paul describe his ministry in 1 Corinthians 2:4?
13. According to 1 Corinthians 2:16, who has the mind of Christ?
14. Why did Paul thank God in 1 Corinthians 14:18?
15. According to 1 Corinthians 14:19, did Paul preach in tongues?
16. What was revealed to Simeon in Luke 2:26?

17. Who revealed this to him?
18. What does 1 Corinthians 14:13 say that we are to pray for?
19. According to Isaiah 28:11-12, how does praying in tongues benefit us?
20. In light of 1 John 5:7, do the Word and the Holy Spirit ever disagree?

Releasing the Mind of Christ

Lesson 16 – Answer Key

1. The Holy Spirit.
2. That we are the children of God.
3. In oneself.
4. Charity—God’s kind of love.
5. Spiritual gifts.
6. To God.
7. Mysteries.
8. Our spirits.
9. Unfruitful.
10. We’re edifying ourselves—building ourselves up spiritually.
11. The hidden wisdom of God.
12. His preaching wasn’t with enticing words of man’s wisdom, but in demonstration of the Spirit and of power.
13. We do.
14. He spoke in tongues more than them all.
15. No, he ministered in his native language the wisdom he had received through praying in tongues.
16. That he wouldn’t see death before he had seen the Lord’s Christ.
17. The Holy Spirit.

18. That we may interpret the tongues we are speaking.

19. We are rested and refreshed.

20. No.

Releasing the Mind of Christ

Lesson 16 – Scriptures

“The Spirit itself beareth witness with our spirit, that we are the children of God” (Rom. 8:16).

“This is he that came by water and blood, even Jesus Christ; not by water only, but by water and blood. And it is the Spirit that beareth witness, because the Spirit is truth. For there are three that bear record in heaven, the Father, the Word, and the Holy Ghost: and these three are one. And there are three that bear witness in earth, the spirit, and the water, and the blood: and these three agree in one. If we receive the witness of men, the witness of God is greater: for this is the witness of God which he hath testified of his Son. He that believeth on the Son of God hath the witness in himself: he that believeth not God hath made him a liar; because he believeth not the record that God gave of his Son” (1 John 5:6-10).

“Follow after charity, and desire spiritual gifts, but rather that ye may prophesy. For he that speaketh in an unknown tongue speaketh not unto men, but unto God: for no man understandeth him; howbeit in the spirit he speaketh mysteries” (1 Cor. 14:1-2).

“For if I pray in an unknown tongue, my spirit prayeth, but my understanding is unfruitful” (1 Cor. 14:14).

“He that speaketh in an unknown tongue edifieth himself” (1 Cor. 14:4).

“But we speak the wisdom of God in a mystery, even the hidden wisdom, which God ordained before the world unto our glory” (1 Cor. 2:7).

“And my speech and my preaching was not with enticing words of man’s wisdom, but in demonstration of the Spirit and of power” (1 Cor. 2:4).

“But as it is written, Eye hath not seen, nor ear heard, neither have entered into the heart of man, the things which God hath prepared for them that love him. But God hath revealed them unto us by his Spirit: for the Spirit searcheth all things, yea, the deep things of God. For what man knoweth the things of a man, save the spirit of the man which is in him? Even so the things of God knoweth no man, but the Spirit of God. Now we have received, not the spirit of the world, but the spirit which is of God; that we might know the things that are freely given to us of God...we have the mind of Christ” (1 Cor. 2:9-12 and 16).

“For since the beginning of the world men have not heard, nor perceived by the ear, neither hath the eye seen, O God, beside thee, what he hath prepared for him that waiteth for him” (Is. 64:4).

“But the natural man receiveth not the things of the Spirit of God: for they are foolishness unto him: neither can he know them, because they are spiritually discerned” (1 Cor. 2:14).

“I thank my God, I speak with tongues more than ye all: Yet in the church I had rather speak five words with my understanding, that by my voice I might teach others also, than ten thousand words in an unknown tongue” (1 Cor. 14:18-19).

“And it was revealed unto him by the Holy Ghost, that he should not see death, before he had seen the Lord’s Christ. And he came by the Spirit into the temple: and when the parents brought in the child Jesus, to do for him after the custom of the law, Then took he him up in his arms, and blessed God” (Luke 2:26-28).

“Wherefore let him that speaketh in an unknown tongue pray that he may interpret” (1 Cor. 14:13).

“For with stammering lips and another tongue will he speak to this people. To whom he said, This is the rest wherewith ye may cause the weary to rest; and this is the refreshing: yet they would not hear” (Is. 28:11-12).