

# God's Mirror

## Lesson 1 – Teacher's Guide

1. Although the Bible clearly reveals that we are three-part beings—made up of spirit, soul, and body (1 Thess. 5:23)—very few Christians practice a functional understanding of this in their everyday lives. Most people actually believe that they're only made up of body and soul. They confuse soul and spirit as being basically the same thing.

Our spirits are our innermost part. Our souls are our mental, emotional part, which includes our mind, will, emotions, and conscience. It's often called our "personality." Our bodies are our physical part.

2. We can feel both our bodies and our souls, but our spirits can't be accessed in any natural way (John 3:6). There is no direct connection between spirit and flesh. Therefore, we can't contact our spirits through our emotions or our physical bodies. Herein lies one of the great problems of the Christian life!

Without understanding spirit, soul, and body, we become frustrated over the apparent disparity between our experience and God's Word. However, understanding the interaction between the three parts of our beings—spirit, soul, and body—unlocks the spirit realm so we can experience who we are and what we have in Christ.

3. God's Word is the only accurate way we can perceive the spirit realm (John 6:63). God's Word is spirit and life. It reveals spiritual reality. If we want to know what our spirits are like, we must find out from the Word. We can't just go by emotion or some other type of perception. We must look into the Bible in order to see ourselves in the spirit.
4. God's Word is a spiritual mirror (James 1:23-25). It perfectly reflects who we are in the spirit. It's the only way we can know. Therefore, we must learn to trust the spiritual reality we see in the Word.

1. A. Read 1 Thessalonians 5:23. How many parts are we made of? (Three)  
B. Name the parts. (Spirit, soul, and body)  
C. Which one is our physical part? (Body)  
D. Which one is our innermost part? (Spirit)  
E. Which one is often called our "personality"? (Soul)
2. A. What does John 3:6 say? (Spirit is spirit, and flesh is flesh)  
B. What does this mean? (There's no direct connection between the two)  
C. Can we contact our spirits through our emotions or our physical bodies? (No)
3. A. According to John 6:63, God's Word is \_\_\_\_\_. (Spirit and life)  
B. If we want to know what our spirits are like, where must we look? (In the Bible)
4. A. James 1:23-25 reveals God's Word as what? (A spiritual mirror)  
B. Where is the only place we can look to accurately perceive spiritual reality and find out who we are in the spirit? (God's Word)

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## Lesson 1 – Outline

1. We are three-part beings: spirit, soul, and body.

**“And the very God of peace sanctify you wholly; and I pray God your whole spirit and soul and body be preserved blameless unto the coming of our Lord Jesus Christ”** (1 Thess. 5:23, emphasis mine).

- A. Spirit – Our innermost part.
  - B. Soul – Our mental, emotional part. Includes: mind, will, emotions, and conscience. Often called “personality.”
  - C. Body – Our physical part.
2. You can feel both your body and your soul, but your spirit cannot be accessed in any natural way.

**“That which is born of the flesh is flesh; and that which is born of the Spirit is spirit”** (John 3:6).

- A. No direct connection between spirit and flesh (flesh = soul and body).
  - B. Can't contact your spirit through your emotions or physical body.
3. Understanding spirit, soul, and body unlocks the spirit realm so you can experience who you are and what you have in Christ.
  4. God's Word is the only accurate way to perceive the spirit realm.

**“It is the spirit that quickeneth; the flesh profiteth nothing; the words that I speak unto you, they are spirit, and they are life”** (John 6:63).

- A. God's Word is spirit and life.
  - B. God's Word reveals spiritual reality.
5. God's Word is a spiritual mirror.

**“For if any be a hearer of the word, and not a doer, he is like unto a man beholding his natural face in a glass: For he beholdeth himself, and goeth his way, and straightway forgetteth what manner of man he was. But whoso looketh into the perfect law of liberty [God's Word—specifically the New Testament], and continueth therein, he being not a forgetful hearer, but a doer of the work, this man shall be blessed in his deed”** (James 1:23-25, brackets mine).

- A. God's Word perfectly reflects who you are in the spirit.
- B. Trust the spiritual reality you see in the Word.

# God's Mirror

## *Lesson 1 – Discipleship Questions*

1. Read 1 Thessalonians 5:23. Who does the sanctifying?
2. Who is being sanctified?
3. What part(s) is/are being sanctified?
4. In what way will you be preserved?
5. Until when will you be preserved?
6. According to John 3:6, “That which is born of the flesh is \_\_\_\_\_; and that which is born of the Spirit is \_\_\_\_\_.”
7. Is there any direct connection between the two?
8. Read Ephesians 1:18-20. What needs to be enlightened?
9. For what purpose? That you may know:
  - A.
  - B.
  - C.
10. Where are the riches of the glory of His inheritance?
11. Who is a “saint”?
12. The exceeding greatness of His power is toward \_\_\_\_\_.
13. What mighty power is this? (Verse 20)
14. Read 2 Corinthians 5:17-18. If someone is “in Christ,” they are a \_\_\_\_\_.
15. What is true of a “new creature”?
  - A.
  - B.
  - C.

16. God reconciled us to Himself by what or whom?
17. Who was speaking in John 14:12?
18. What two things did He promise us?
  - A.
  - B.
19. Who will accomplish these things?
20. Why will they be able to do these things?  
Definition: Quickeneth means "to give life."
21. Read John 6:63. What does the spirit do?
22. What does the flesh do?
23. What are spirit and life?
24. James 1:23-25 compares God's Word to a \_\_\_\_\_.
25. What happens to the person who looks into God's Word, continuing in it, not forgetting what they've heard, but doing it?

# God's Mirror

Lesson 1 – Answer Key

1. The very God of peace.
2. You.
3. Your whole spirit, soul, and body.
4. Blameless.
5. The coming of our Lord Jesus Christ.
6. Flesh, spirit.
7. No.
8. The eyes of your understanding.
9. That you may know:
  - A. The hope of His calling.
  - B. The riches of the glory of His inheritance.
  - C. The exceeding greatness of His power.
10. In the saints.
11. Every born-again believer.
12. Us who believe.
13. The same power He wrought in Christ when He raised Him from the dead and set Him at His own right hand in heavenly places.
14. New creature.
15.
  - A. Old things are passed away.
  - B. All things are become new.
  - C. All things are of God.

16. By Jesus Christ.
17. The Lord Jesus.
18. A. That we will do the same works He did.  
B. And greater works.
19. Those who believe on Jesus.
20. Because Jesus has gone to His Father.
21. It gives life.
22. It profits nothing.
23. The words Jesus has spoken to us, which is God's Word.
24. Mirror.
25. This person will be blessed in their deed.

# God's Mirror

## Lesson 1 – Scriptures

**“And the very God of peace sanctify you wholly; and I pray God your whole spirit and soul and body be preserved blameless unto the coming of our Lord Jesus Christ” (1 Thess. 5:23).**

**“That which is born of the flesh is flesh; and that which is born of the Spirit is spirit” (John 3:6).**

**“The eyes of your understanding being enlightened; that ye may know what is the hope of his calling, and what the riches of the glory of his inheritance in the saints, And what is the exceeding greatness of his power to us-ward who believe, according to the working of his mighty power, Which he wrought in Christ, when he raised him from the dead, and set him at his own right hand in the heavenly places” (Eph. 1:18-20).**

**“Therefore if any man be in Christ, he is a new creature: old things are passed away; behold, all things are become new” (2 Cor. 5:17).**

**“Verily, verily, I say unto you, He that believeth on me, the works that I do shall he do also; and greater works than these shall he do; because I go unto my Father” (John 14:12).**

**“It is the spirit that quickeneth; the flesh profiteth nothing: the words that I speak unto you, they are spirit, and they are life” (John 6:63).**

**“For if any be a hearer of the word, and not a doer, he is like unto a man beholding his natural face in a glass: For he beholdeth himself, and goeth his way, and straightway forgetteth what manner of man he was. But whoso looketh into the perfect law of liberty, and continueth therein, he being not a forgetful hearer, but a doer of the work, this man shall be blessed in his deed” (James 1:23-25).**